

STEP UP HOP- SCOTCH

Get your kids involved in the StepUp Challenge with this fun game!

- 1 **Arrange the cards randomly** in a 3x6 grid on the floor or ground and secure with masking tape. (Make sure each row has a combination of either 2 hands and 1 foot or 2 feet and 1 hand.)
- 2 **As a family, take turns jumping** through the rows, making sure your hands and feet land on the coordinating cards. It's harder than you think!
- 3 **Challenge your kids** to "StepUp" this fall by moving closer to God along with you.
- 4 **Log your child's points** for this week's fun challenge at riverridge.org/ridgekids



**HAVE
FUN!**

And don't forget to
log your child's points
at riverridge.org/ridgekids







